Sign up for class

Fill in one form per person and hand it to your teacher before class.

Questions marked * are required.

Completed by _____ Date _____

1 Your details

Why we ask: So we know who's coming and can reach you if the class changes.

1. **Your name ***

_____

2. **Email ***

We'll send class details here.

_____

3. **Phone**

Only for last-minute changes.

_____

4. **What are you signing up for? ***

Prices are on the class page.

Tick one.

◯ One class ◯ The whole series

2 About your practice

Why we ask: So the teacher can offer the right options in class.

5. **Is this your first class with us? ***

Tick one.

◯ Yes ◯ No

6. **How much yoga have you done? ***

Tick one.

- ◯ None yet
- ◯ A few classes
- ◯ I practise regularly
- ◯ I teach or train

Skip this if you chose "No" in question 5.

7. **How did you hear about the class?**

Tick one.

- ◯ A friend
- ◯ Social media
- ◯ A poster or flyer
- ◯ Search engine
- ◯ Somewhere else

8. **Anything you'd like your teacher to know?**

No need to share medical details here.

3 Class policy

Why we ask: So everyone knows how the class works before they arrive.

> **Please arrive five minutes early. Doors close when class starts. If you can't come, let us know by [time] so someone on the waitlist can take your place. (Edit this paragraph to match your own policy.)**

9. **Class policy ***

Tick to confirm.

- ☐ I've read the class policy

You're in!

We'll email you the class details. See you on the mat.